# Florida Folk Dancer A Newsletter of the Florida Folk Dance Council, Inc.

#### **MARCH 2006**

#### PREZ SEZ by Terry Abrahams

Well I am still on a high! All the stars were in alignment for this camp - so little went wrong, it's hardly worth mentioning. Even Richard missing planes 2 days because of weather didn't dampen the success of the weekend. In fact, having all one country all day wasn't the least bit damaging -except for those people who couldn't be there on

Sunday, or for the whole day on Sunday, and missed the Polish teaching. So here's the good and the bad: Yeah - the wood floor was fantastic, **Boo** - the director is talking about a linoleum overlay - I'm talking him out of it. Yeah - the food was fabulous. **Boo** - there was too much!

The recipes I found on line worked out great (in spite of a lot of potatoes) and I am printing a few of those in this issue. Keep in mind, however, that Mickey (my daughter that helped cook) has a real flair for spices, and doctored up a lot of the stuff. Boo the bottled water never got out, nor my chopped liver! I did bring it, as requested; however, I think there were sufficient snacks! Another **Boo** - I gave you the wrong edition of the menu. We'll print the "real" one in this issue.

And thank all of you for buying up the leftovers. Waste not, want not. I

missed a few shelves of stuff while you were all buying - there was more! But I think Julius took a lot of it for Spring Fling, so it won't go to waste either - so Yeah. Snacks - all Yeah! G'ville -Friday, Sarasota - Saturday, Melbourne - Sunday. Going back to trying the country's foods also worked here, and all was delicious, and even though G'ville wasn't "ethnic" (they were told not to do ethnic) - it was great. The only **Boo** here is that once again - there was too much! Hmm - is that a Boo or a Yeah?

Teachers - Yeah!!!! Could they have been better? I think not! The only **Boo** was the trouble Richard (or Rick) had to go through to get to us --Thursday and Friday cancellations, standing in line for 5 hours to get a ticket to Anywhere in Florida, getting to Ft. Lauderdale, renting a car, and driving to the camp - now that's true grit!! And we appreciated it so much. Yeah - Miroslav stepped right in and didn't waste a dancing minute. Yeah -

> Every dance by both was terrific this is going to be a big "keeper" year! (If you didn't notice, I e-mailed you another copy of Cicino Kolo with Figure 6 on it. And Retko isn't missing, in the notes it's called Moravsko Kolo)

**Yeah** – the screen for the culture corner was such a plus (once we got it working), **Boo** – we needed a little more info on the teachers and on their countries and culture - just not enouah time for everything. Miroslav wrote me and would like any pictures people would like to share with him. You have his email and address. Yeah - I got to wear the costume I bought in Bulgaria [picture at left], **Boo** - I didn't bring my quilt this year, you probably didn't even miss it (or Juanita's either), but Yeah - thanks to the decorators from Orlando, the flowers were lovely; the posters have seen their last.

Yeah - Julius' Olga Princi silent auction was the best ever, and Fannie donated an extra \$100 what a wonderful gesture! Thanks also to all of you who included a donation with your registration. And the O.P. scholars couldn't have been better picks. Lynda and Apryl (maybe you have to have a "y" in your name) were both enthusiastic gals and wonderful dancers, and we know they will be a real Boon to the folk dance world. **No Boos** to that one. Cabins – **Yeah** – they worked out nicely; the heat was valuable; there was plenty of room, **Boo** – they weren't as clean as we hoped, but we'll try to rectify that for next year. View – **Yeah**, what a lovely camp, **Boo** – the path to the rec hall was a bummer (found out we had to pull the wicks out a little in the tiki lights to make them really work – duh!), but **Yeah** – they have it in their budget to have a new road next year, and hopefully light as well.

Program - Yeah - John kept things hopping with his lists; **Boo** - look for Judith's excellent suggestions for next year. And saving one of the best Yeahs for last - we have a NEW EDITOR, Caroline Lanker, who already is busy busy busy, has many computer skills, and will do the best job we've ever seen. **Boo - hoo**? Not me!! Thanks Caroline!! A couple of Boos - forgot to give you the camp phone number, heard the Mapquest and AAA maps didn't work – we'll add a map next year. We'll go back to the old packet - apparently there was confusion over what needed to be in your possession. Suggestions received – have medical information on our registration forms, and following that thought - our prayers are with Ann Robinson whose husband passed away on Friday, Feb. 24th following a stroke while calling at a square dance while we were at camp.

Well, if I haven't covered everything, it's not because I haven't tried. We welcome your comments and critiques. I just want to once again thank my board – John for the music, Pat for all the financial and room stuff (and Bobby for his car and music help), Jean for handling the entire snack issue, and all of you for pitching in when needed, being quiet when I hollered at you, bringing your comfortable chairs, enjoying the music whether you danced or not, for having a high energy level, gobbling up the food, complimenting us when we needed it – truly a group effort. See you all at the Spring Fling!!!! Suggestion: have teachers from California – no snow! And lo-cal - groan (Thanks Andi).





Richard, Pat and Miroslav

#### **FROM THE EDITOR - Caroline Lanker**

I'm not sure what I've gotten myself into here or whether I can live up to Terry's expectations, but already I am enjoying working with the FFDC team to bring out this newsletter. The real success of the newsletter rests with YOU – with the material you send in and with the time you take to read it. Since you are obviously reading it now, thank you.

In the coming months I'd like to include some feature articles. Do you like to write? This is your chance to write about something you love – dancing, of course – and have it published! Do you have an interesting story about dancing? Did you meet your spouse dancing? Did you grow up in a culture where you learned to dance as a child? Have you had a funny experience dancing? Write it down and send it in. We'll print up to one feature story per month. Preferred size – 1 page. If you have pictures that go with the story, send them, too.

Dance campers sent in a bunch of pictures for this issue. A selected few are included in the newsletter. A lot more are on the website (or will be soon) - check it out.

### CAMP COMMENTS BY THE TREASURER

by Pat Henderson

After being President for 4 camps (1992-93, 2002-03), I have decided that it is harder to be Treasurer! Maybe I have a better knack for organization than I do for figures. In this newsletter, you will see the Income and Expense Report on this year's camp. I have divided the income into categories since the membership was a line item on the registration form this year. We collected a record amount for the Olga Princi Scholarship--\$738.

This camp was a learning experience for your officers and we will try to change a few things next year. First of all, we will go back to handing out a packet with your paperwork, syllabus and T-shirt, if ordered, and your button in it. I could not keep track of who had what this year. I hope that if you ordered a **T-shirt**, you got it and that if you ordered a **syllabus**, you got it! Let me know if you did not.

Unfortunately, we had one person who went to our previous camp in Silver Springs but her inquiry came as I was almost out the door to the airport to get Bata and go to camp. We need to publish a number to call in case of emergency. I had my cell phone with me at all times so it could be my number.

In spite of these problems, I thought that the camp turned out even better than anticipated. Of course, I felt relieved when we liked the camp and the B & B in Melrose, since I found them both. Now we can look forward to next year since we overwhelmingly voted to return to and they will let us come. You asked for a wood floor for years, so it was very rewarding to see the enjoyment of the new camp.

CAMP FINANCIAL REPORT 2006		
Respectfully submitted,		
Pat Henderson, Treasurer, FFDC		
OAMB COCC EVENIONS	\$	
CAMP 2006 EXPENSES		
OVILLA DI LO	07.04	
SYLLABUS	97.31	
FOOD	4,720.62	
INSTRUCTORS	1,969.93	
MISC: DÉCOR., TIKI LAMPS	23.65	
SNACKS	248.70	
FACILITIES, INSURANCE, B&B	4,210.00	
T-SHIRTS & BUTTONS	304.59	
DVDs (ESTIMATED)	400.00	
TOTAL EXPENSES	11,974.80	
CAMP 2006 INCOME		
CAMP FEES	10,689.00	
OLGA PRINI DONATIONS	738.00	
MEMBERSHIP DUES	885.00	
TOTAL INCOME	12 212 00	
TOTAL INCOME	12,312.00	
NET INCOME COOL	007.00	
NET INCOME 2006	+337.20	



Olga Princi Scholars Lynda and Apryl

#### FFDC CAMP 2006 COMMENTS by Judith Baizan

In brief it was all wonderful, but the very BEST NEWS is that the Crystal Lake Camp management has agreed to accept us for our Presidents' Day weekend FFDC event next year!!

We who were there know this already, but for those who missed it, this year it all came together. We have always had adequate accommodations, fine teachers, abundant snacks provided by our groups, and hard working FFDC members putting the event together.

Improvements this year were significant: a lovely lakeside setting, an excellent wood dance floor, and superb food throughout. (Our thanks to FFDC President Terry Abrahams for the extra work she put into researching ethnic recipes, planning menus, figuring quantities, ordering ingredients, and - most importantly - successfully persuading the camp cook to follow through.) Now we can enthusiastically promote our FFDC event to distant dance friends to join with us to the further enrichment of our camp experience.

Speaking to the enrichment aspect now, I would like to offer some constructive criticism regarding the evening dance programs. There were a great many fine dances of varied ethnicities which didn't make it onto the list. In all those hours, how could

we have not danced such long time favorites as Adjon Az Isten, Arap, Cetvorno, Ciceranella, Daichovo, Denjovo, Delilo, Dospatsko, Drmes Iz Zdencine, Eleno Mome, Garoon, Giusevska Racenica, Guzelleme, Bourree D'Oulches, Briul de la Fagaras, Bucimis, Bufcansko, Iste Hendek, Kapuvari Verbunk. Hopa Hopa, La Charrita, Louky, Novo Zagorsko Horo, Pagarusa, Povrateno, Prescacanka, Ratevka, Schioapa, Tarantella Montevergine, Tino Mori, Zalna Majka, and Zillertaller, among others?

The main reason they were not danced is that none of us made the effort to request them beforehand, and we probably didn't think of them until we got home and looked at our own lists. If there is little or no input from attendees, programmers have to rely on what is working in their local activities, and in the FFDC weekend that produced an overload of Israeli dances.

In this age of electronic miracles, it seems we should be able to do better. I would like to see a system devised in which each registrant receives along with his or her confirmation a master list of dances to be returned with 50 or 60 or so of the names highlighted as requests. The lists are tabulated and those that get the most votes would make up the programs.

And as long as I'm making suggestions, here are a few others:

- 1) In the understanding that every attendee has already requested many dances which make up the program, allow NO requests (except for reviewing taught dances) but end the scheduled program at 11:00 PM or so, when about half of the people have left, and thereafter be responsive to those remaining, with any request that is not already scheduled for the next day.
- 2) Post small copies of the three party programs so folks can check there first and refrain from requesting a dance that is scheduled later on, or was played when they weren't paying attention.
- 3) Program the dances that are best with many dancers to be played between 8:30 and 10:30 PM (but not during the snack time!) Some such dances are Heilsberger Dreieck, Schwartzerdner, the trios Walpole Cottage, Triolet, and Dashing White Sergeant, and even Byelolitsa Kruglolitsa.
- 4) During snack time announce and play some generic couple dance stuff-- waltz, hambo, schottis, swing,

5) Save set dances with complicated walk-throughs for after 11:00 PM.

#### FLAGLER BEACH by Jan Lathi

In past camps I have usually come away with the feeling that I quite liked one of the instructors' dances and felt so-so about the other. But this year I am inspired by all of both instructors' dance selections. The teachers were soooo patient with us and were willing to be flexible on teaching a whole day each due to unforseen weather tie-ups. Like many of you, I played both CDs on the way home in the car over and over again.

Great camp Terry, Pat and all who contributed to the total camp effort! (Kudos to Mickey who helped make the food a success.) The wood floor was such an enormous plus that even if there were something to complain about, we shouldn't!

The Flagler Beach International Dancers (formerly known as the Palm Coast International Dancers) is a daytime group (Thursdays 2-4) and we invite any of you who has Thursday afternoons free to join us. We have twelve rather consistent members, four of whom have lost significant others in the past two years (Betty, Anita, Minnie, and Jan).

Most recently, we lost Frank Fahy, Minnie's constant companion and viewer and critic of our dancing. He was helpful when we were trying to perfect our recent dance performance at a Universalist/Unitarian society. So we have become an undaunted ladies' group but we will make an exception if a gentleman should wish to join us in the future. We are currently working on the Hula and Sweets of May as works-in-progress and I am excited about sharing many of the camp dances.

We are looking forward to Arleen Kaufmann's reappearance sometime in March. She divides her time between Gainesville and Flagler Beach.

I have just completed a month and a half of traveling to Key West, Nassau, Maui and Keystone Heights, Florida. My suitcase doesn't know what hit it! And I plan to visit my brother and sister-in-law in Pinellas Pines, FL this weekend (Feb 25-26th). I hope to visit them often and also plan to catch the Tampa groups on Tuesdays and/or Fridays when I do.

It was great to see all those who attended camp this year but I missed Kay Demos, Sandy Cowan and many of the others who did not make it. You all missed something really wonderful!

## ORLANDO INTERNATIONAL FOLK DANCE CLUB by Pat Henderson

Our club has been saddened by the sudden passing of Ann Robinson's husband, Danny, on February 24. We were at camp enjoying our Saturday evening dance party when police came to the door looking for Ann. Danny was in Lake City preparing to call a square dance when he had a massive brain bleed from a stroke. He was rushed to Shands Hospital and had emergency surgery. The damage was too extensive for him to recover. Hailing from West Virginia, Danny had been calling square dancing for 42 years in Orlando.

I will cherish the memories Danny and Ann on the Dance on the Water Danube trip in 2004. He always had a joke for you when you talked to him. He called a square dance on July 4 for us on the river boat.

In spite of the tragic event described above, our club members really enjoyed the camp this year. We had great teachers, great food and dances that we want to keep. We did 6 of the dances at our first club meeting after camp. We danced so much at camp that it took days to recover afterward. Thank you to Ann, Juanita and Joy for doing the decorations of the dance hall with greenery and flowers.

#### TAMPA by Terry Abrahams

We were thrilled to have Ursula at camp with us following all her surgeries. We were also thrilled to have Charlene there as a scholarship person, and hope she will now start dancing on Friday nights as well as to Israeli on Tuesdays. She used to be an international dancer, and I think we got her back in the fold! Andy had the flu and couldn't make it, he's still sick and won't make the review. Bad timing! But Andi Kapplin practiced on the Sarasota group, Wednesday, so I'm sure she'll do a great review for us, so we aren't worried! The dances were so good, even Ernesto was up on the floor! I was supposed to be in the Law Follies Thursday following camp, as they asked me to do my little Fiddler on the roof number. The choreographer didn't like it - I pulled out. Thank God, I needed the rest! Now a big fencing tournament in Lakeland- never a dull weekend!

# FROM THE GAINESVILLE INTERNATIONAL DANCERS by Jack Seltzer

Well, we made it.....the new camp sure turned out successful for the Gainesville International

Dancers. What more could we have wanted from the 3 day Serb - Polish dance marathon...?

Food aplenty (and so well prepared), dancing continuously, and endless friendships to be developed...

We sure appreciated the efforts of Miroslav and Richard....what a stalwart effort Miroslav did all day Saturday, waiting for Richard to get out of Canada....not an easy assignment...to keep all the folk dance troupers happy having to dance the difficult style of Serbian for 4 morning & afternoon sessions. Thank You !!!!!

Thanks also to Terry and Pat for all their organizing skills.....John for spinning his masterful music maneuverings.....Bobby for doing so much of the dirty work.....Julius for doing the fine filming....and everyone else I didn't mention who contributed to the great camp this year......what a lot of fun!!

Anyway, we're busy doing all of the dances pretty much....it's so unique to be able to do the Polonez Royale with all its antics and hokiness.....

Coming up in a few weeks, March 26th, the group will be introducing international dances to the local community at the Kanapaha Spring Festival, here in Gainesville....it's a fun outdoor environment (lots of plants, trees and green grass) to dance some of our stuff.... See you all soon.

#### **FOLK DANCING IN FROSTPROOF**

by Caroline Lanker

We are still working at getting some folk dancing going out here where we live. Gary and I hold dance parties at our home, usually on Saturdays. We have a few enthusiastic local people, all beginners, ranging in age from about 12 to over 80. Some intrepid FFDC dancers from Orlando, Melbourne and Tampa have made the trek over here on occasion. The locals really appreciate having experienced dancers visit.

If we have FFDC dancers coming, we start with request dancing in the afternoon. The local dancers come later and everyone shares a pot luck supper. Then we dance after supper, concentrating on easier dances which everyone can join in. Sometimes we demo a harder dance. Some of our locals have learned enough we are starting to introduce a little more challenging stuff (think Horehronsky Czaras, not Mesosegi).

In February, we were asked to do an evening of folk dancing for a group of home-schooled teen-

agers and a few of their parents. We had 18 teens and 5 parents dancing! We stuck to pretty easy dances, but some were quite energetic ones. Most of the kids caught on fast and seemed to enjoy it.

Our next dance party is March 11, which may be before this newsletter comes out, but we will be scheduling more in the future. We're in the middle of the Florida peninsula - about 10 miles south of SR 60 and 8 miles east of US 27. Orlando is about 1½ hrs. away and the east and west coasts about 2 hours. If you live close enough to consider coming and would like to be informed when we are dancing, please contact me (number/address on the last page). Our dance floor is still unfinished, but it is wooden!

#### **Danny Robinson**

Danny Robinson passed away on Friday, February 24. He was the husband of Ann Robinson, who was at FFDC Camp 2006 (Feb. 17-20) when Danny suffered a stroke in Lake City.

The funeral for Danny Robinson was held Tuesday, February 28 at the Asbury United Methodist Church in Maitland. The burial followed at the Glen Haven Memorial Park at 2300 Temple Drive, Winter Park. Following the burial was a celebration of life at the Whirl & Twirl Square Dance Hall in Orlando.

#### **George Senyk**

Many members of the South Brevard Dancers attended the Memorial Service honoring George Senyk on February 25th. George was a recreational dance teacher for much of his 87 vears. In Florida he and wife Onie held regular Contra dances at their home, taught International and English dance in Titusville, and organized the Sebring Contra and English Dance weekend. He was active at the last event only a few weeks before his final illness and death. He and Onie were frequent visitors at both English and International events held by the South Brevard They were also instrumental in encouraging the formation of Spur of the Moment, the informal band which plays for events in Melbourne, St. Cloud, and Sebring.

The service was held at the Senyks' home on the Indian River. At 1:00 pm the family went out on the dock and scattered his ashes over the river. As they came back members of Spur of the Moment played Amazing Grace and the guests sang with the family. Later there was dinner, more music by

Spur of the Moment, and a demonstration of "Mr. George Senyk," the last dance conceived by George and finished by Onie after George passed.

George and Onie have brightened the lives of many people in this world, certainly our activities in Melbourne have benefited from their encouragement and teaching. We all appreciated Onie giving us this opportunity to celebrate George's life.

#### **DICK CRUM SAYINGS**

The steps are only one dimension. It is vital we consider the dance within its cultural context.

If you get into a dance, you have the responsibility of knowing it.

Balkan Dance Commandment: Thou shalt not hassle thy neighbor.

An ethnographical vortex is when all lines end bunched up in the middle of the floor.

Earlobes upright!

Folk Dance is what folk dancers do.

#### NOTES TO THE EDITOR

view, the food was great, and I thought the dances were most enjoyable--something for everyone--slow and fast easy and hard---I want to thank all those involved in working so hard to make it so successful. You all did a terrific job.

My appreciation and thanks. Bernice Roth



#### **CAMP LOST AND FOUND**

**Found:** one white fleece blanket. If it is yours, please let Terry know.

**Lost:** The candle that we danced around at the end of dancing Sunday night did not make it home with me. Has anyone seen it? Pat Henderson 407-275-6247



#### THE REAL MENU FOR FFDC CAMP 2006

Here's the corrected Camp Menu!

**friday Dinner**: Spaghetti, sauce, w/ and w/o meat, salad bar, garlic bread, sugar cookies, ice cream

Saturday Breakfart: Oatmeal, scrambled eggs, bacon, toast, fruit, cereals, yogurt

**Saturday lunch**: Serbian Bean soup (*Pasuli*), corn bread (*Proja*), egg salad, tuna salad, potato salad, salad bar

**Saturday Dinner**: (Serbian) *Gypsy* chicken, broccoli casserole (*Prysnac Serbia*), salad bar, sponge cake (*Ledene Kocke*)

**Sunday Breakfart**: Oatmeal, Polish (*Nalesniki*) donuts (*Paczki*), eggs, toast, cereals, yogurt

**Sunday lunch**: Potato soup (*Zupa Kartoflana*) Bean, Potato and Pepper Salad (*salatka z fasoli I kartofli z paprika*), *Polish* Stew, kielbasa and sauerkraut, salad bar, fruit cocktail (*Kompot*)

**Sunday Dinner**: Borscht (beet soup), cabbage rolls (Golabki), Polish noodle casserole, salad bar (w/ Polish dressing (from lettuce salad), butter cookies

**Monday Breakfart**: Oatmeal, hard boiled eggs, sausage, French toast, yogurt, cereals

Monday lunch: leftovers

**Continuous**: bread, peanut butter, jelly, coffee, Tea, milk, tea, lemonade, iced tea

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#### **CAMP RECIPES**

**BEAN. POTATO & PEPPER SALAD** – salatka z fasoli l kartofli z paprika

In a salad bowl, combine 1 cup cooked or canned and drained navy beans or pea beans, ¼ cup diced, cooked potatoes, 1 peeled, diced apple, 1 diced green bell pepper (w/seeds removed), 1 diced pickled pepper, and (optional) 2-3 diced zesty gherkins. Toss ingredients lightly and place in serving dish. Mash 1-2 buds garlic and mix with ¾ cup chive sauce. Pour sauce over salad, cover with wrap, chill in fridge 2-3 hours before serving. Decorate with parsley springs, green-pepper rings, and radish slices.

#### **POUSH STEW**

1 lb Polish sausage in 1/2" pieces

3 tbsp Oil

1 ½ lb beef, cubed

2 onions, sliced

2 cups Mushrooms, sliced

1 lb sauerkraut, canned

1 cup white wine

8 oz tomato sauce

2 tsp soy sauce

1 t caraway seeds

1/4 vegetable seasoning.

Sauté sausage, put in casserole; sauté beef in sausage drippings with added oil; sauté onion; sauté mushrooms with sauerkraut and wine. Add tomato sauce, soy sauce caraway seeds and vegetable seasoning to rest of casserole. Cover and bake at 375 for 2 to 21/2 hours. Stir every 30 minutes.

#### filling (OR TOPPING) FOR PANCAKES

250 gr curd cheese (we used cottage)
25 g butter
1 egg yolk
Sugar to taste
Pinch of vanilla sugar
Milk

Cream butter with egg yolk, add to cheese, add sugar and vanilla, stir in milk, fold pancake and put in middle.

#### BORSCHT (BEET SOUP)

Serves 4-5

2 tbsp butter

1.5 cups chopped onion

1.5 cups thinly sliced potatoes

1 cup thinly sliced beets

1 large carrot

1 stalk chopped celery

3 cups chopped cabbage (red)

1 tsp caraway seeds

4 cups stock or water

2 tsp salt

black pepper

1/4 tsp dill weed

1 tbsp & 1 tsp cider vinegar

1 tbsp & 1 tsp honey

1 cup tomato puree

Toppings: sour cream, dill & chopped tomato

Place potatoes, beets and water in a saucepan, and cook until everything is tender. (Save the water)

Begin cooking the onions in the butter in a large kettle. Add caraway seeds and salt. Cook until onion is translucent; then add celery, carrots, and cabbage. Add water from beets and potatoes and cook, covered, until all the vegetables are tender. Add potatoes, beets and all remaining ingredients.

Cover and simmer slowly for at least 30 minutes. Taste to correct seasonings.

Serve topped with sour cream, extra dill weed, chopped fresh tomato.

#### **CABBAGE ROUS**

2 lbs ground beef; lean ½ c rice; uncooked 1 med onion; diced 1 green pepper; diced

2 eggs

1 cabbage; large head 2 qt tomato juice

Cut core in cabbage, place in steamer over boiling water. Remove layers of outer leaves when soft enough. Mix ingredients together in a bowl, except tomato juice. Put a glob of mixture in a leaf of cabbage. Wrap it up. Pour tomato juice over all, bring to boil, then simmer at least an hour.

**POTATO SOUP** — we used a ready made from SYSCO

**CORN BREAD** – we added cheese to a corn muffin mix! (Mickey's idea)

#### GYPSY CHICKEN

4 chicken breasts

salt and pepper

1 egg lightly beaten

1 cup bread crumbs

2 Tosp oil

2 Tbsp butter

2 1/2 medium onions chopped

1 green pepper (thinly sliced)

1 sweet red bell pepper (thinly sliced)

1 yellow bell pepper (thinly sliced)

a handful of mushrooms sliced

2 Tbsp flour

1 can chicken broth

1/4 cup whipping cream

2 Tbsp lemon juice, fresh or bottled

Pound meat until very thin. Salt and pepper. Dip chicken breasts into egg, then in bread crumbs. Heat oil and butter together over medium heat. Sauté until golden (about 15 minutes). Remove to another pan and keep warm.

Add onions to the skillet. Sauté until limp but not brown. Add peppers and cook till limp. Add mushrooms cook just till warmed.

Add flour and stir it around. Add the broth and stir till the sauce thickens and is smooth. Add the cream and lemon juice. Pour the sauce over the chicken breasts that have been placed on the individual plates.

#### **EVENTS AND TOURS**

#### маясн

**Saturday, March 25, Spring Fling** in Port Orange, FL See FFDC web site, <www.folkdance.org>, for details.

#### agrjl

#### Saturday, April 1, Hambo Heaven

Love to Hambo or want to learn? Here's a

wonderful opportunity! Teacher: Judith Baizan

Place: Kate Jackson Recreation Center

821 S. Rome, Tampa, FL

Time: 1 PM Basic Hambo, 3 PM Advanced Hambo

Cost: \$5 per person

Come with or without a partner.

Please pre-register: judithbaizan@juno.com or 813-

254-3359.

**April 1 & 2: 19**<sup>th</sup> **Annual Israeli Workshop** at JCC of Greater Orlando: Guest Teacher: Ruth Goodman.

April 7-9, Rang Tang. Shawn Donaldson, Armenian and Bulgarian, music by Bulgarian and Armenian Bands, shopping at Opet. Contact: Liz Nunan 1237 N. Valley Brook Rd. Decatur, GA 30033 or 1-404-292-7176 or <a href="mailto:maryturl@juno.com">maryturl@juno.com</a> or liznunan@hotmail.com

#### мач

#### Tuesday, May 2, 2006 Daniel Sandu Workshop

Place: Pofahl Studio, 1325 NW 2<sup>nd</sup> St., Gainesville,

FL

Time: 6:30 PM

#### SUMMER

## June 17<sup>th</sup> - June 29th Vasilescu 2006 Romanian Tour - June

"We have been on three similar tours, and they are very good." -Jim Osborn.

Place: Begins June 17th at Timisoara Int'l Airport and ends June 29th at Otopeni Airport, Bucharest. Flights to and from Romania are not included in the tour.

Highlights: Stay two days each in four towns; attend dance performances, go sightseeing, learn regional dances and visit local villages. Meet, dance and dine with rural villagers. Last three days in Bucharest.

Cost: \$1500 per person, not including airfare to/from Romania.

Contact: Ping Chun, 49 Junard Drive, Morristown,

NJ 07960; ping.chun@att.net;

973-539-7020

## July 25 - August 16 <u>Czech Pleasure in the Heart</u> of Europe

(http://www.dvorana.cz/dance/folk2006/00.html)

Highlights: Choose parts you want from: a tour of the Czech Republic; 3 days in Prague; a dance seminar in Prague; a bagpipe festival and sightseeing in the Chodsko region.

#### **CORRECTIONS**

The Florida Camp directory which you received at Camp Some errors. The Zip code for Eva Gaber should be 32792.

Miroslav (Bata) Marcetic e-mail should be bata@marcetic.com

We're working on a complete, corrected version of the camp syllabi. They'll be on the web site later.



#### **RENEW YOUR MEMBERSHIP**

If you didn't attend camp and haven't renewed your membership in FFDC yet for 2006, please fill out the form below and send to Pat with your dues.



### Florida Folk Dance Council, Inc.

#### MEMBERSHIP FORM

Last Name:	F	First Name(	(s):
Address:			
City:		_State:	ZIP
Email:		Phone:	
Do you want to rec	eive your newsletter by e-mail?	Yes	No, I want a printed copy
`	Pictures in the newsletter will be		nas been posted on the Web page n the Web page, in black and white
	FFDC Membership (Per house	ehold)	15.00

Make check payable to: FFDC Send To: Pat Henderson 9859 Berry Dease Rd Orlando, FL 32825 Any questions?

Call: Pat at 407-275-6247 email: <a href="mailto:henderp@bellsouth.net">henderp@bellsouth.net</a> Web page: <a href="mailto:www.folkdance.org">www.folkdance.org</a>

#### FLORIDA FOLK DANCER

Florida Folk Dancer is a monthly publication of the Florida Folk Dance Council, Inc., a nonprofit corporation whose purpose is to further knowledge, performance, and recreational enjoyment of International Folk Dance.

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